

in Sri Lanka

(Neuro Linguistic Programming)





NLP Practitioner Breakthrough Certification Training

Neuro-Linguistic Programming (NLP) is a proven and powerful method for achieving what you want in life. While you are in Sri Lanka, you have the opportunity to advance your education with our acclaimed NLP Practitioner Certification Training, which has been endorsed by the American Board of Neuro-Linguistic Programming (ABNLP).

In 8 days, you'll learn the skills you need to understand the relationship between mind, body, emotions and actions.

Most importantly how to use that understanding to implement change and create the life you really want.



CHANGE YOUR LIFE FOR THE BETTER.

You can be a parent, businessmen, teacher, coach, counsellor, doctor, leader or CEO of a company and this will help you to change your ways of analysing your own self and making yourself better and productive.

You will learn to

- Control the connection between your mind, emotions and behaviour.
- Learn to set goals and achieve them.
- Learn how to coach yourself and others.
- Define exactly what you want in life.
- Create the future you really want.
- Eliminate negative habits.
- Accelerate healing.

One Amazing Experience

NLP Practitioner Certification is the most practical, results-driven method for detecting, understanding and controlling our conscious and unconscious thinking. We will show you how to harness the power of NLP and apply it to yourself and others – individually, in business and as a coach.

What you will learn during the training

- Understand the basis of NLP principles and starting points
- Discover fundamental beliefs to empower Mind Mastery, not Mind Slavery
- Identify and take control of the intricate connections between your mind, emotions and behaviour
- Understand how you learn, communicate, change and evolve

Some of the topics you will cover

- Rapport How to create instant liking and agreement
- Representational Systems How we use our five senses to represent information from the world internally
- Sub modalities The secret programming software of your mind
- Language patterns The words you use to demonstrate your intellectual attributes and personal characteristics
- Anchoring How to control your feelings and your state of mind
- Strategies How to control your mental processes to create specific results
- Parts How to detect and stop inner conflicts

How you can use what you learn

Use your NLP applications across:

- All modes of business including sales and communication.
- Learning and educational coaching.
- · Business and personal coaching.
- Personal growth and change.
- Performance enhancement and relationship coaching.
- For counsellor and psychotherapist.

Pre study and the Exam

- Will be provided 20 hours of pre-recorded tapes and 10 hours of reading materials to go through before the session begins
- A three-hour exam will be conducted at the end of the program with 8 hours of preparations

What do you get?

- Upon completion of the practitioner program successfully, you will be awarded "NLP Practitioner Certificate" certified by ABNLP issued by NLP Coaching and Leading
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Testimonials



I must admit that the training was quite intense, however as I progressed I gradually sank into its practices which helped in my understanding and growth. The training helped me in building self-awareness, knowing my worth and value, and cultivating a positive mindset. I became more confident in myself.

This shift happened by changing the way I think and learned to organise my thoughts in a positive manner. I now make an effort to consciously choose the right words when I speak, in NLP language "I changed my internal representation". I started looking at situations from a broader perspective and try to inspire others in the manner I communicate with them. this in turn results in influencing the others around me to have a better feeling and plant a positive thought in their minds too.

I think taking up NLP initiated creating a powerful personal development for myself, to look at the opportunities and possibilities. I am in the process of getting a better understanding of myself and others around me, and also being able to empower others, this leads and directs me to find the purpose of my life.





Meet the Lead Trainer

Mark is an award-winning Marketer and a Corporate Trainer having 23 years of experience in Banking and Finance. He is a Certified NLP Trainer, NLP Master Coach, NLP Master Practitioner, and NLP Master Time Line Therapist, certified by the American Board of Neuro-Linguistic Programming (ABNLP), Sports Mind Performance Coach, HeathMath Mentor (Heart Math USA), Certified Counselor and holds a MBA (MKT)









NLP Coaching and Leading

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