



RAISING AMAZING KIDS

OVERVIEW

There will be many a time that you will ask yourselves as parents the question “what did I do wrong as a parent?” or “where did I go wrong?” It isn’t easy to balance a demanding carrier whilst spending quality time with your kids. There is no ‘magic’ hand book or a set of guidelines that can help you to face the numerous challenges that you will encounter along the way. What we intend to do is to take you through and help you handle some of the pressing issues that most parents are faced with today.

It is your responsibility as a parent to provide the right atmosphere for your child to grow emotionally, physically and socially which eventually would make them balanced individuals in their adult life. This 4 hour session will help you to understand your kids better, guide them and become great parents.

COURSE OBJECTIVES:

By the end of this training course participants will be able to:

- ✓ The important and crucial years of a child
- ✓ How the brain works
- ✓ Your child has PERSONALITY
- ✓ Balancing your carrier and your kids
- ✓ Why it is important that your kids trust you
- ✓ Helping your kids face examinations
- ✓ Is your kids addicted to social media / computer games?
- ✓ Is your child being bullied in school?
- ✓ How important is spirituality
- ✓ Importance of a balanced diet and exercise
- ✓ Lead by example
- ✓ 3 Golden rules

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